

# Annual Report

2022



**CASMED**   
Asociația Obștească

# MESSAGE FROM THE EXECUTIVE DIRECTOR



In 2022, we faced numerous challenges but also seized many opportunities that brought us great success. Despite obstacles like the refugee crisis, energy shortage, economic downturn, and rising inflation, our organization showed remarkable resilience. We stayed true to our mission of serving the most vulnerable with essential services. We demonstrated solidarity by providing humanitarian aid to refugees. Additionally, we expanded our services to include medical rehabilitation and comprehensive in-home care, contributing to a thriving community. We prioritized social accountability in healthcare, promoting transparency and resilience in our community.

Our organization made significant efforts to engage the community through various initiatives. We facilitated events that fostered connections among individuals and provided assistance to local groups and organizations by offering resources and support for their projects. These efforts have yielded positive outcomes, improving the quality of life for community members across various domains.

CASMED has made significant strides in enhancing our internal capabilities, streamlining our operations, and expanding our funding sources. We have invested heavily in the development of our team and cutting-edge technologies to position ourselves for future challenges and increase our impact. I would like to extend my heartfelt gratitude to all members of the CASMED community, including our local and international partners, beneficiaries, and volunteers, for their invaluable contributions to our achievements. Your unwavering dedication, exceptional team spirit, and steadfast commitment to our shared mission have been integral to our progress. Without your support, we would not have accomplished what we have.

I urge you to take a moment to review our 2022 narrative report, which provides comprehensive insights into our initiatives, outcomes, and community impact. Let us take pride in our collective accomplishments and draw inspiration from our successes as we move forward together.

We appreciate your ongoing support and consideration!

**NATALIA POSTOLACHI**  
EXECUTIVE DIRECTOR

# GET TO KNOW US

## WHO WE ARE



"CASMED" Public Association is a non-governmental, independent, non-profit organization that was registered in December 2010, with the purpose of supporting the elderly and other disadvantaged individuals through the development and implementation of social, educational, and health projects.

## VISION



An active and healthy community with equal access to quality services. CASMED aspires to be a guiding center for professionals in the field of community care.

## MISSION



Enhancing health and well-being for various beneficiary groups by increasing access to health services, facilitating community development, and empowering beneficiaries to advocate for their right to quality services.

## OBJECTIVES

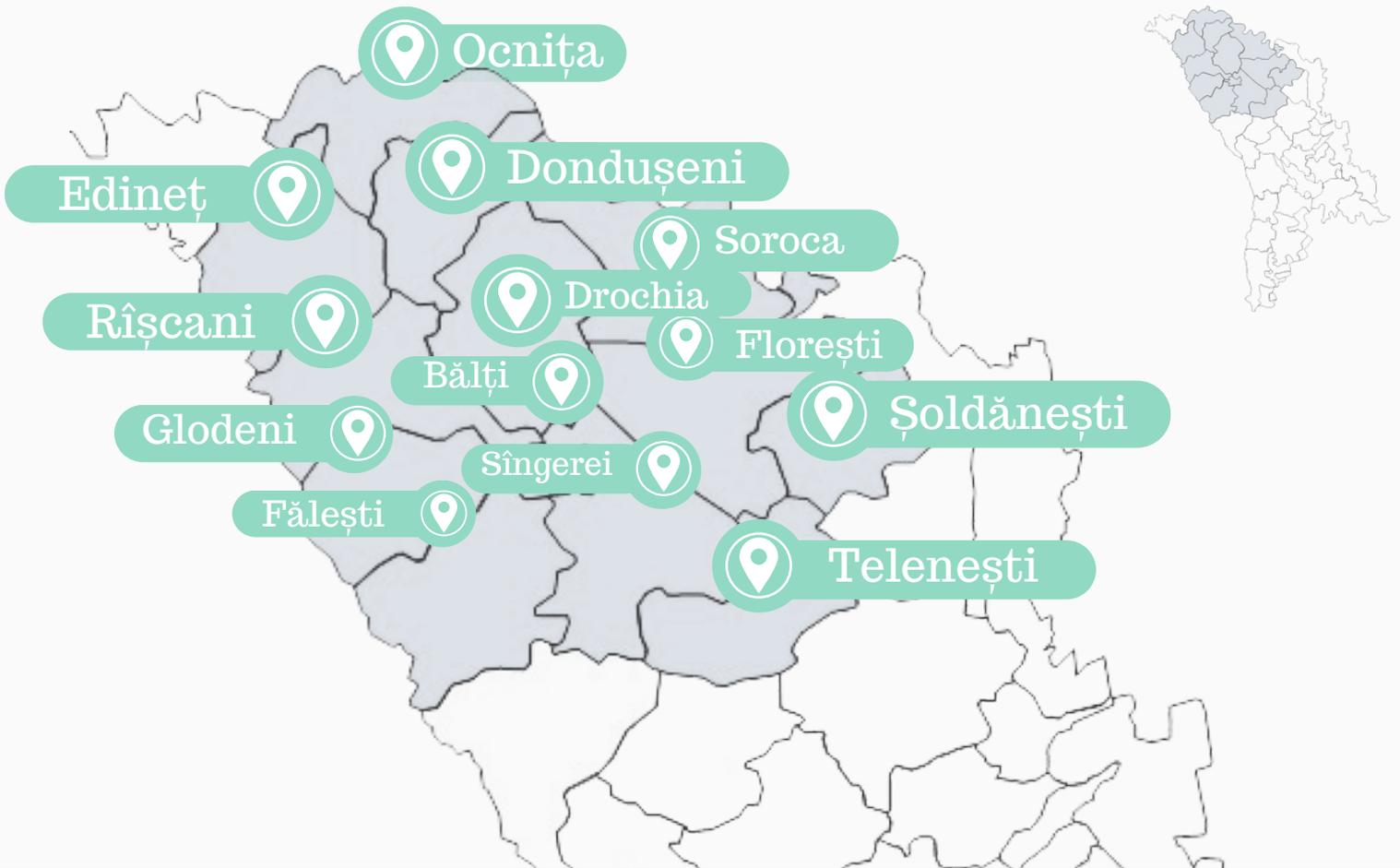


- Cultivating an active community;
- Fostering a healthy community;
- Strengthening CASMED's capacity.



# AREA OF INTERVENTION

13 DISTRICTS FROM THE NORTH OF THE REPUBLIC OF MOLDOVA



# HUMANITARIAN AND SOCIAL ASSISTANCE FOR REFUGEES AND VULNERABLE INDIVIDUALS



**7130**

People received psychological support

- 3269 refugees (children and adults)
- 3861 host families



**2000**

Refugees from 9 districts received food packages and hygiene products, valued at 840,000 MDL (Moldovan Leu). The total value of the package for each individual was approximately 420 lei.



**84 000**

Kilograms of briquettes were distributed to 168 host families (103 women and 65 men) in the Falesti, Edinet districts and Balti municipality.



**1167**

Vulnerable individuals from 33 localities in the Falesti district received boxes of food items weighing approximately 20 kg each.



**130**

Winter kits (blanket, socks, thermos, garments) were distributed to 130 refugee women.



**80**

Refugee children received backpacks with school supplies (pens, pencils, notebooks, brushes, scissors, planners, colored paper, glue, cardboard, etc.) valued at 720 lei each.



**1042**

Individual counseling sessions were provided to 1289 individuals (1282 refugees and 7 local specialists).



**570**

Vulnerable individuals (72% women and 28% men) from 15 communities benefited from 46,214 daily hot lunches during the cold season



**210**

Refugees (78 men and 132 women) received 8,092 hot lunches from May 15th to June 30th, served at five social canteens, for 20 days per month. The average cost of lunch per person was 48 lei.



**3269**

Refugees (1863 children, 1350 women, and 56 men) housed in 12 districts received medical vouchers, food products, clothes, and footwear totaling over 300,000 Euros.



**3861**

Host families and vulnerable individuals (2819 women and 1042 men) received food vouchers valued at over 100,000 Euros.



**580**

Refugees (197 children, 342 women, and 41 men), 70% in rural areas and 30% in urban areas, benefited from 1,738 psychological counseling sessions, adhering to the principles of confidentiality and anonymity.



**207**

Refugees (34 men and 173 women) benefited from legal counseling and informational support services.

# PROVIDED SERVICES

## Nursing Services

19 121 Visits | 567 People

435   132



## Home Social Care

28 036 Visits | 488 People

396   92



## Integrated Home Care

27 557 Visits | 393 People

331   62



## Rental of Mobility Aids

23 People

16   7



## Employment Services for People with Disabilities

6 People Employed

3   3



## Nutritional Education Services

33 Trainings | 518 People

497   21



## Psychological support services for seniors

159 People

147   12



## Adult educational services in personal care

13 Trainings | 154 People

147   7



# NEW SERVICES

## Palliative home care

800 Visits | 16 People

10   6

## Psychological support

19 121 Interventions | 1980 People

1160   313  507

## Medical rehabilitation

2400 Interventions | 240 People

186   54



# CONSULTING SERVICES FOR HEALTHCARE PROVIDERS



**15000**

Citizens have been informed about their rights and responsibilities within the healthcare system and the mechanisms they can use to report any violation of access to medical services.



**237**

Healthcare representatives (187 women, 50 men) have enhanced their skills in assertive communication and collaboration with patients and their relatives.



**235**

Representatives of local public authorities, medical service providers, NGOs, medical staff, and patients (144 women, 79 men) from various sectors strengthened knowledge in participatory healthcare service evaluation.



**100**

Representatives of national authorities, medical institutions, NGOs, and media (56 women, 44 men) enhanced their understanding of social accountability in healthcare.



**24**

Representatives from 10 NGOs (21 women, 3 men) have strengthened their abilities in communication, strategic planning, monitoring healthcare, promoting social accountability in healthcare, and engaging in dialogue with regional authorities.



**620**

Members (89% women, 11% men) of Local Committees received training in management, fundraising, project writing, and effective communication during 42 training sessions and 22 organizing and planning workshops.



**557**

Senior Group members (85% women, 15% men) engaged in activities for group strengthening, community involvement, and local problem-solving.



**46**

Members of Patient Groups (36 women, 10 men) bolstered skills in community mobilization and advocacy for patient needs.

# THE INTERVENTIONS PRODUCED QUALITATIVE RESULTS



Improved coverage in healthcare services for the elderly and disabled, marginally alleviating the primary healthcare burden.



Trained community members assisted the elderly in coping with daily challenges related to personal hygiene and mobilization of individuals with reduced mobility.



Enhanced food security and resilience in vulnerable communities amid energy and refugee crises.

Enhanced preparedness among local stakeholders to respond to disasters and coordinate humanitarian interventions.



Improved mental health and access to psychological and health services for Ukrainian refugees accommodated in the Republic of Moldova.



Professional capacities of public social and medical service providers strengthened for quality service delivery.



# CHALLENGES AND SOLUTIONS



Delayed delivery of adapted car/medical equipment.

Enhanced communication with suppliers and identification of alternatives for timely equipment delivery.

Payment delays from donors/CNAM and fluctuations in the availability of care staff.

Strengthening relationships through transparent communication and efficient cash flow management, alongside implementing recruitment strategies and staff retention programs.

Limited digital competencies among care staff.

Training programs and resources for the development of staff's digital skills.

Constant changes in the legal and regulatory framework in the education sector, delaying the authorization of the home caregiver course.

Monitoring legislation, proactive approach to authorization processes, and collaboration with authorities to overcome legal hurdles.

Reduced resilience to crises among the organization's staff and increased risk of burnout.

Development of stress management and support programs, improving internal communication, and promoting work-life balance.

# FUNDING SOURCES

Donors	Entries EUR	Personal Funds	Total EUR
FCPS	7 944		
DEXIS	23 880		
FPDAAM	4 955		
SOROS	42 277		
HEKS	119 676	50 627	
HIAS	28 889		
JOHANNITER	94 532	7 736	
PIN	47 934	5 013	
SRC	432 622		
SRC - R	481 388		
SDC	171 927		
<b>TOTAL DONORS</b>	<b>1 456 024</b>	<b>63 376</b>	
NHIC	53 154	1 263	
LPA	48 595		
BENEFICIARIES	32 766		
SERVICE PROVISION	73 215		
<b>TOTAL LOCAL SOURCES</b>	<b>207 730</b>	<b>1 263</b>	
<b>TOTAL</b>	<b>1 663 754</b>	<b>64 639</b>	<b>1 728 393</b>



# COMPLETED PROJECTS



Aging and Health

Swiss Red Cross



Health Equity through Social Accountability

Swiss Agency for Development and Cooperation



Food and Support for Vulnerable Individuals in Falesti District

European Union



Emergency Assistance for Vulnerable Ukrainian Refugees in Moldova

Caritas Czech Republic in Moldova and EU Civil Protection & Humanitarian Aid



Psychosocial Support for Refugees from Ukraine

Johanniter International Assistance



Partnerships for the Inclusive Engagement of Vulnerable Groups

East Europe Foundation - Moldova and Sweden



Humanitarian Response for Refugees from Ukraine in Moldova

Swiss Red Cross



Strengthening Resilience and Supporting Ukrainian Refugees in Moldova

HEKS/EPER



Addressing the Basic Needs of Ukrainian Refugees

Mercy Corps



Assistance for the Cold Season for the Most Vulnerable in Moldova

Swiss Red Cross

# DONORS & PARTNERS

## THANK YOU FOR YOUR DEDICATION AND HELP !



Elveția.



With funding from



JOHANNITER

